



Department of school education

Sheet No. 23

Career of the day

Coaching in Sports

Date 26/11/2021

Introduction

Sports Coach is a Specialist who teaches the techniques of sports. If you are a sports person, then you can choose this career after you stop playing or after playing for a few years professionally. You can become a sports coach for schools, colleges, Universities, clubs, leagues, national and international teams. Coaching will require you to spend most of your time with your team working on their techniques, improving their performance and inducing confidence. (Punjab career portal)

Institutes/Universities

Netaji Subash National Institute of Sports, commonly known as National Institute of sports Patiala. (NIS)

Eligibility

.10+2 / Graduation with Sports Achievements

Courses available

1. Diploma in sports Coaching:- It is 1 year course conducted by Sports Authority of India (SAI) in each Academic Session from 1st July at all its academic centres i.e. Patiala, Bangalore, Kolkata and Thiruvanthapuram.
2. B.Sc in sports coaching
3. Post graduate diploma program in coaching.

For details visit **Mashaal website**,
contact your school counselor or visit
Punjab Career Portal

By Mashaal Team

Mon- Sciences, Tuesday- emerging career, Wednesday- Arts, Thursday- Commerce
Friday- Sports, Saturday- Entrepreneurship/Vocational/ NSQF/ Employment Generation